

# Ming Chuan University Enforcement Rules for Physical Fitness Requirements

Passed at the Academic Affairs Committee Meeting on June 3, 2010

Passed at the Academic Affairs Committee Meeting on May 15, 2014

Passed and Upon Revision at the Academic Affairs Committee Meeting on May 18, 2017

Passed at the Academic Affairs Committee Meeting on May 2, 2019

Passed and revised at the Academic Affairs Committee Meeting on May 4, 2023

Passed and revised at the Academic Affairs Committee Meeting on May 9, 2024

- Article 1 “Ming Chuan University Enforcement Rules for Physical Fitness Requirements” were established in accordance with the Ming Chuan University Procedures for Proficiency-based Graduation Requirements.
- Article 2 To promote health-related physical fitness in students with an aim to raise students’ awareness of personal health and to improve their overall wellness, in response to the Ministry of Education’s program, these regulations were incorporated into the graduation requirements. Students who participate in the sports capacities assessment tests listed under these rules and meet the university standards are deemed as passing physical fitness graduation standard.
- Article 3 Participants: First-year undergraduate students, and second and third-year undergraduate transfer students of the university participate in the university sports capacities assessment tests in accordance with Article 4 of these rules.
- Article 4 Implementation:
- (1) The sport capabilities assessment test is to be held during the announced time period in the first semester of each academic year for first-year undergraduate students, and second and third-year undergraduate transfer students.
  - (2) Sport capabilities assessment test is to be held during the announced time period during the second semester of each academic year for 1<sup>st</sup>-year students with special conditions, and 2<sup>nd</sup> and 3<sup>rd</sup>-year transfer students.
  - (3) Students are required to bring relevant proof to register for the test at the assessment test venue. Each student can only take the test once.
- Article 5 Requirements: The sports capacities items are established based on the physical fitness abilities’ normative scores of Sports Administration, Ministry of Education and the historic testing results of the university as the quantitative standards.
- Article 6 Assessment items:
- In accordance with the student sports capacities assessment tests recommendations issued by the Sports Administration of the Ministry of Education, the announcement of assessment items will be made by the Physical Education Office during the first week of each academic year.
- Article 7 Passing standards:
- The test scores will be given in accordance with the “Ming Chuan University Physical Fitness Assessment Test Score Correspondence Chart”, which will be announced by

the Physical Education Office during the first week of each academic year. Students who score an average of 60 out of 100 on the 4 test items are deemed passing the graduation standard of physical fitness capability.

Article 8 Failure to pass the standard:

Students who fail to pass the standards or fail to take the assessment test within the designated time should take PE course for 2<sup>nd</sup>-year students. Those who pass the course are deemed passing the graduation standard for physical fitness capability.

Article 9 Exceptions:

- (1) Student having server conditions should file an application with doctor's diagnosis from a medical center, valid proof of special status issued by Ministry of Education or physical disability handbook at the Physical Education Office within two weeks after the tests of 1<sup>st</sup> -year students commence. The proof will be reviewed by PE Office, Counseling and Guidance Center and Campus Health Services Section and sent for president's approval. Once approved, these students are deemed as passing the requirement with test.
- (2) Students having special disease should provide doctor's diagnosis from a medical center to apply for adjusting assessment items at the Physical Education Office with two weeks after the tests for 1<sup>st</sup> -year students commence. Those approved by PE Office may select 2 items to test based on their capability. The untested items will be recorded as pass. Those who fail to pass the standards or fail to take the assessment test within the designated time are to be dealt with according to article 8 of these rules.

Article 10 Students who meet the graduation requirements for physical fitness will be reported by the Physical Education Office as having passed the assessments.

Article 11 Upon being passed at the Academic Affairs Committee Meeting and approved by the president, these enforcement rules were announced and implemented. Any revision must follow the same procedures.

**\*\*In the event of any inconsistency or discrepancy between the Chinese and other language versions of this document, the Chinese version shall prevail.\*\***